



MPOWER FALL 2024 SCHEDULE

MONDAY	Studio 1	Studio 2
10:30 AM - 11:30 AM	Tumbling Tots (Ages 3-6) Maria	OPEN
4:00 - 5:00 PM	Rec Open Tumbling (Ages 9+) Kelly & Trish	Rec Open Cheer (Ages 5-8) Hannah
5:00 - 6:00 PM	Rec Open Tumbling (Ages 5-8) Kelly & Trish	Rec Open Cheer & Tumble (Ages 9+) Hannah
6:00 - 7:00 PM	Competitive Cheer Hannah & Kaitlyn Mini Prep - 6PM - 7PM (1) Level 1 Prep - 6PM - 7:30PM (1.5) Level 2 All-Stars - 7:30PM - 9PM (1.5)	Competitive Cheer Tumbling Kelly
7:00 - 8:00 PM		Company Dance Tumbling Kelly
8:00 - 9:00 PM		OPEN

TUESDAY	Studio 1	Studio 2
4:00 - 5:00 PM	Ballet 1 / Creative Movement (Ages 4-6) Christa	Poms (Ages 5-8) Maria
5:00 - 6:00 PM	Foundational Jazz Funk / Ballet (Ages 7+) Christa	Intermediate/Advanced Leaps & Turns (Ages 10+) Maria
6:00 - 7:00 PM	Intermediate/Advanced Lyrical (Ages 10+) Christa	Foundational Leaps & Turns / Lyrical (Ages 10+) Maria
7:00 - 8:00 PM	Intermediate / Advanced Ballet (Evaluation Required) Christa	Open Jazz Funk (Ages 10+) Maria

WEDNESDAY	Studio 1	Studio 2
4:00 - 8:45 PM Company Dance Rehearsal Maria & Christa <i>Tryouts Required. Please see IClasspro to find exact times for your student.</i>		



MPOWER FALL 2024 SCHEDULE

THURSDAY	Studio 1	Studio 2
10:30 AM - 11:30 AM	Creative Movement Tots (Ages 3-6) Christa	OPEN
4:00 - 5:00 PM	Tappin' Tots (Ages 3-6) Kaitlyn	Hip Hop (Ages 5-9) Maria
5:00 - 6:00 PM	Rhythm & Tap (Ages 6-11) Becky Jo	Acro (Ages 9+) Maria
6:00 - 7:00 PM	Broadway Jazz (Ages 7+) Trish	Hip Hop (Ages 9+) Maria

FRIDAY	Studio 1	Studio 2
10:00 - 10:45 AM	You & Me (Ages 2-5) Maria	OPEN
Company Dance & Competitive Cheer <i>Please anticipate extra practices held of Fridays. Especially before performances & competitions</i>		

SATURDAY	Studio 1	Studio 2
9:30 AM - 10:30 AM	Open Gym Kelly	Yoga (Adult Class) Tiffany

PRICING	REC CLASSES	45 Min Classes
1 Class / Week	\$70 / Month	\$65 / Month
2 Class / Week	\$ 100 / Month	\$90 / Month
3 Class / Week	\$125 / Month	\$115 / Month

Additional Classes are \$25 / Month | 10% Membership Discount for Additional Child
\$25 Annual Registration Fee will be charged on Aug 1st (\$15 for Additional Child)

JOIN US FOR A FREE TRIAL CLASS TODAY!